

# MARIN COUNTY BREASTFEEDING RESOURCE GUIDE



NAME	PHONE	LACTATION COUNSELORS*	EDUCATION, INFO OR CLASSES	SUPPORT GROUP	PUMPS/ SUPPLIES *	OFFICE VISITS	HOME VISITS	PHONE HELP	LOW INCOME SERVICES	SPANISH SPEAKING
<b>Apria Healthcare Equipment/Supplies</b> 3636 North Laughlin Road, Santa Rosa	(707) 543- 0979				•					•
<b>Breastfeeding.com</b> <a href="http://www.breastfeeding.com/">http://www.breastfeeding.com/</a>					•					
<b>BreastfeedingOnline</b> <a href="http://www.breastfeedingonline.com/frame.shtml">http://www.breastfeedingonline.com/frame.shtml</a>				•						
<b>CDC National Center for Chronic Disease Prevention and Health Promotion–Breastfeeding</b> <a href="http://www.cdc.gov/breastfeeding/">http://www.cdc.gov/breastfeeding/</a>			•							
<b>Marin Childcare Council</b> 555 Northgate Drive, Suite 105, San Rafael <a href="http://www.mc3.org">www.mc3.org</a>	472- 1092		•							
<b>California Pacific Medical Center Lactation Center (Newborn Connections)</b> 3698 California Street, San Francisco	600- BABY (2229)	•	•	•	•					•
<b>Corte Madera/Larkspur Mother's Club</b> <a href="http://www.cmlmc.org">www.cmlmc.org</a>	451- 7234			•						
<b>Day One Center</b> 3490 California Street, San Francisco <a href="http://www.dayonecenter.com">www.dayonecenter.com</a>	440- 3291	•	•	•	•	•		•		
<b>Department of Health Services</b> <a href="http://www.wicworks.ca.gov/breastfeeding/BFResources.html">http://www.wicworks.ca.gov/breastfeeding/BFResources.html</a>			•							
<b>Got Mom</b> <a href="http://www.gotmom.org/">http://www.gotmom.org/</a>			•							
<b>International Lactation Consultant Association</b> <a href="http://www.ilca.org/">http://www.ilca.org/</a> 1500 Sunday Dr. Suite 102 Raleigh, North Carolina, 27607	(919) 861- 5577	•								
<b>La Leche League International</b> <a href="mailto:lllmarin@lactivist.com">lllmarin@lactivist.com</a> , <a href="http://www.faeryshine.com/lllmarin.html">http://www.faeryshine.com/lllmarin.html</a> 900 448-7475 x5	721- 2842 & 899- 9790		•	•				•		

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<b>Kaiser Permanente</b>		•	•		•					
<b>Marin General Hospital Lactation Center</b> 250 Bon Air Road, Greenbrae Chris Costello, R.N., IBCLC <a href="http://www.maringeneral.sutterhealth.org">www.maringeneral.sutterhealth.org</a>	925-7522	•	•	•	•	•		•	•	
<b>Mommy Milk Meetup</b> <a href="http://mommymilk.meetup.com/members/602">http://mommymilk.meetup.com/members/602</a>				•						
<b>The National Women's Health Information Center</b> <a href="http://www.4woman.gov/pub/">http://www.4woman.gov/pub/</a>	(800) 994 - 9662		•					•		
<b>Novato Mother's Club</b> <a href="http://www.novatomothersclub.com">www.novatomothersclub.com</a>	458-3203			•						
<b>Nursing Mothers Council</b> <a href="http://www.nursingmothers.org/">http://www.nursingmothers.org/</a>	386-2229			•			•	•		
<b>Parents Place</b> 600 Fifth Avenue, San Rafael <a href="http://www.jfcs.org">www.jfcs.org</a>	491-7959		•	•						
<b>Pregnancy to Parenthood Family Center (A Program of Family Service Agency of Marin)</b> 555 Northgate Drive, San Rafael	491-5700			•						
<b>Ross Valley Mother's Club</b>	721-4576			•						
<b>San Rafael Mother's Club</b> <a href="http://www.srmoms.org">www.srmoms.org</a>	451-7355			•						
<b>Southern Marin Mother's Club</b> <a href="http://www.southernmarinmoms.com">www.southernmarinmoms.com</a>	273-5366			•						
<b>UC Davis Human Lactation Center</b> <a href="http://lactation.ucdavis.edu/links.htm">http://lactation.ucdavis.edu/links.htm</a>			•							
<b>WIC: Women Infants &amp; Children</b> 361 3 <sup>rd</sup> St., San Rafael, Montecito Shopping Center, Suite C Susan Martinelli, Director	499-6889	•	•	•	free pumps to low income families	•		•	•	•
<b>World Alliance for Breastfeeding Action</b> <a href="http://www.waba.org.my/">http://www.waba.org.my/</a>			•							

*\*Call your insurance company to check for lactation support and/or pump reimbursement.*