

ROUTINE MEDICAL CARE (RMC) BLS

ALWAYS USE BODY SUBSTANCE ISOLATION PRECAUTIONS

INDICATION

- To define Routine Medical Care (RMC) in the pre-hospital setting

TREATMENT

- Assess Airway, Breathing and Circulation (ABC)
- Apneic and/ or pulseless:
 - Begin CPR in accordance with the standards established by the American Heart Association, including Early Defibrillation
- Patient breathing with pulse present:
 - Administer oxygen per the Airway/Oxygen protocol; using airway adjuncts indicated for signs and symptoms
 - Control significant external bleeding
- Check vital signs – repeat q 5 min. for emergent patients and q 15 min. for non-emergent patients.
- Obtain:
 - Chief complaint
 - History of current event
 - Past medical history
 - Medications
 - Allergies
- Perform full secondary patient exam.
- If indicated, apply immobilization and cervical collar.
- Place patient in position of comfort or in other positions as needed to maintain adequate breathing and/ or circulation.