

West Marin Women & Girls Town Hall Meeting  
Point Reyes Station  
January 31, 2008

MWC Commissioners: Kate Kain, Moreva Selchie, Ericka Erickson

Nutrition issues – would like to see articulation between schools and health care providers. Schools have had to pass food policy, that puts standard to quality of food in district. Lots of effort in drafting policy. Felt proud to look at what we weren't happy about re: food in our schools. Been little change to quality of food in schools. Mixed messages about food that we teach our kids to consume. I would like to have conversation more in depth from county level: standards/level of accountability that county has with districts and food coming into schools.

Pesticides, and importance to women Aerial and land application. Endocrine disruptors lead to maladies in human body..air, water or food...women need to take a stand against these elements being put into the land and food we consume. Applications now being laid down. Important we are aware.

Brought a petition to BOS and President "We request ending of "restricted toxic pesticide use in Marin County". Aerially and ground sprayed. "Urge you to use your regulatory powers to eliminate pesticide use in the county." Director of Ag Dept and Marin Organics included. Please sign.

#### Voces de Cambio

We have gone to the community to various fairs to share this information that helps victims of domestic violence. At same time informative book and disk educational you can listen to. Our mission is to stop

domestic violence and to educate people that they can live without violence. This is why we are here, to share what we do to support our communities.

High need to have advocates in this area so isolated. I say this because in my situation, the police did not do the right thing at the moment. Thanks to MAWS Advocate supported me in court process approximately we met 22-25 times. Victims need an advocate because they provide the resources so we can move forward through civil processes. When report done for police the advocate gives us strength for our own security. Safety for victims and our children.

DV is #1 crime in Marin County. W Women's Advocacy Program at MAWS works with 400-500 victims, 5-8 % from West Marin. Receive no funds from the county. Ask BOS to fund our department. County doesn't pay for a single bed at our shelter. Extremely important for victims to have access to these resources and ways to seek safety.

#### WM Community Svs

- 1) shelter for women in crisis. Voucher for hotels/B&B.
- 2) more food for our food bank to supplement cuts with food bank. Especially protein. 160+ kids each month. Need infant formula each month.

Senior Swim gets seniors into the bay that can't walk by themselves across the sand or the beach. The one beach, Tomales Bay State Park in danger of being closed. Draft of letter to state. Need community support that these beaches be kept open. Cuts always made to people least able to care for themselves. Write your state reps saying to keep State beach open.

Sheriff has not signed MOU to collaborate with MAWS. Sheriff not sensitive, first contact most important one. Local sheriff didn't respond. Needs education for sheriff office.

Our state and national government subversively closing parks. Last stand of axis deer massacred this week by white buffalo people in park.

Against culling and contraceptives to the deer.

Sneaking onto land by park personnel.

Want group of women to speak to Mr. Nubacher.

White animals being massacred, atrocity, spiritually.

If interested in teaming together contact me at 663-9339.

I almost died from toxic mold poisoning in Fairfax.

Danger of black, toxic mold info for public. If interested in having me help, call me.

WaterDogs, Shell Beach, valuable. No drownings because of Water Dogs. Important it continues!

I see benefits of access to beaches for public use. Water Dogs. Seniors. For young people, as a teenager I was on swim team and did water safety instructor course, was a lifeguard...we are a community without a swimming pool. Need a swimming pool for seniors, children, teens to learn how to swim...especially in a seashore community, surrounded by water...spending gas money to go over the hill to swim is absurd.

Swimming pool needed.

Grew up as teenager. Not enough health care for teens here. I wouldn't walk into the clinic if I was a teen. We will keep confidentiality, but everyone knows you in waiting room. Women deserve excellent health care...need this to be the standard. As it pertains to women, how can we make health care more excellent

for women and teens. \$261.00 for pelvic ultra sound...women have to wait a year to get their screening.

Delayed health care.

Pregnancy/control of fertility.

Teaching, education on health care.

Not enough time to spend on our visits.

Need money to go into schools to do health care education

advocate for families in Tomales and Bodega bay

Agree ,not enough health coverage for women in this area.

Biggest concern is the sexuality education so lacking.

Trouble with pregnancy of teens, countrywide. 16 years old pregnant, shame on all of us we can't educate our daughters on sexual education at elementary and high schools, year round. Not one week.

I love dear, community, environment...but we have to take care of ourselves as women before we can take care of others. Women have to get together and talk about sexuality. Not a taboo...as Latina it's even worse. We have to overcome taboo of talking about it.

Lack public health nurses to go into homes when women have babies. No lactation consultant without money. Nursing babies gives food they need. Can't refer women to lactation counseling in their homes for free.

Why does Amazon.Com and WalMart not pay any California taxes? Write to Gov Shwarz....deal with this to help with the deficit in CA.

Come to MainStreetMOMs....20 women all on your side.  
Do letterwriting campaigns.

Remember to include Shoreline, all the way up to Bodega Bay as part of West Marin.  
Real challenges today..gender bias, negative media images. Dating violence. Push for early sexuality. Support / counseling/mentoring young girls/ college and career advisement/eating disorders/nutrition/ programs to help young women give back to their community by volunteering /healthy choicesprogram/drug education prevention/develop sense in community where adols arevalued and supported/help them value themselves and respect others/need strong internal values and characters through family and community support for this.

Too much homework/ pressure at school for teens.  
Teens: I'm on your side, rather than adult world insisting on high performance education.

Group in Novato to get community garden plot. Inching towards approval from city council/layers of beaucracy high. Eating fresh, wholesome, nutritious food important. Teach young children to garden. Have full support of county and city gov'ts to make it a reality.

Important to see women's needs as human needs. Acknowledge men here. This sort of meeting would be valuable with all members..women and men so that issues like dv...who's doing the violence? The men. Incorporate them and educate them about sexualizty, dv, and issues of huge importance could be valuable if approached together.

Need to do something about teenagers. Teen center once per week? Resources to do something for teenagers?

After school activities for single parents needed badly. Food needs improving in school lunches.

After school child care needed 5 days per week, especially for working parents.

Funding needed.

Isolation. Need companions for seniors to be friendly visitors.

Volunteers to help drive seniors who've lost drivers license to get around locally.

Paid drivers needed.

Stocksdale House is home for 8 seniors who need continuous care. Loving caring staff.

Needs volunteers to help seniors stay in their homes.

Call if you can help. 663-8148

How lovely if teens and seniors could spend time together. More connection between generations. All need each other for different reasons. Elders have so much to offer.

I would be happy to work on that.

Stocksdale House has space for garden....Papermill Creek could bring children to work in the garden. Need to plan this program.

Would love county to take a look at supporting the expansion of Stocksdale house. No one is getting younger...will need more creative ways for people who can't stay in their homes to live together.

Need to get together regularly to feel/share about climate change/solar panels/share with children/communal garden in PRS shared with

children/Srs. Foundation in SA: Babcock Fdn for medical/dental ER up to \$300 cash, once in your life. ManKind program for men, also for women? Shows men how limited they are in the box they get put into by great American hero..bring it out to West Marin. We'd all benefit by men getting to know who they really are.

The pool at Giacommi ranch still there? Can it be used again? Let me know.

Health care: can feel deep love frustrations of health care providers. Also can see health in other ways besides clinics, like plants/distiller in town to make own essential oils? (lemon balm, rosemary, antimicrobials)....in a way everyone can partake and bring whatever plants they want. \$600 to own our own distiller for skin care/baby care.

Student

Nutrition add on. We pay for foods at school. We have an oven, but we don't use it. We get packaged food only.

Student

International Girls Forum helps girls take action in their communities. Had summit with girls from Africa, Israel, India...came and raised money to help girls get education for career rather than just being sent to get married.

Rachel New THS website, new art club..would love to do murals in community. Graduating Seniors required to do 25 hours of community service. Contact THS for their help!