

Checklist for Your Public Assistance Eligibility Appointment

Bring these items for each person in your household who needs assistance.

- Birth certificates or other proof of age and family relationship
- Social Security numbers or proof of application
- Copy of Driver's License or other picture identification
- Proof of residency: rent/mortgage receipt, utility bill
- Proof of all income, most current pay stubs, child support and alimony, Social Security award letters, unemployment/disability benefits, VA benefits
- Verification of disability
- All current bank statements: checking and savings account
- Savings bonds, stock certificates, credit union statements, money market certificates, and retirement accounts
- Current vehicle registrations and balance owed on each: include cars, trucks, motorcycles, trailers, motor homes, and boats.
- Immigration status: INS Registration Card, citizenship verification or passport

Marin Health and Human Services Public Assistance

San Rafael

120 North Redwood Dr. West Wing
Phone: (415) 473-3400
Fax: (415) 473-3555
Office Hours: M-F
8:00am - 4:30pm

West Marin

100 6th Street
Pt. Reyes Station, CA 94956
Phone: (415) 663-8231
Fax: (415) 473-3828
Office Hours: M-F
8:30am -12pm , 1pm -5pm

This brochure is intended to provide a general overview of assistance programs. For detailed program information and eligibility requirements, please visit the specific program or organization.

Applying for Public Benefit Programs

*Answers to questions about
applying for cash, food,
and medical assistance*



United Way 2-1-1

Free, confidential, information and referrals 24 hours per day seven days per week in over 150 languages. Dial 2-1-1 for any kind of health or human service needs.

Marin Health and Human Services

Marin Health and Human Services






This information is accurate as of October 2009

Public Benefit Programs Overview

This table provides an overview of benefit programs. There are many complex rules and exceptions that may apply to your situation. Each program's specific rules are applied to each person/family so please ask to see an eligibility worker for an individual eligibility determination. It can take 30-45 days to process your application (longer in certain circumstances), so please apply as soon as you realize you need help.

Question	WIC	Food Stamps	Medi-Cal	CMSP	General Assistance	CalWORKs & Welfare to Work
What do I get if I qualify?	Supplemental food, health care referrals, nutrition education, breastfeeding support.	A debit card to help you purchase food.	Insurance coverage for medical treatment and prescription medications.		Cash assistance and employment services assistance.	
Briefly, who can qualify?	Low income, pregnant, breastfeeding, and non-breastfeeding postpartum women, infants, and children up to age five who are at nutritional risk.	Generally, eligible citizens and eligible non-citizens, except those receiving SSI/SSP and certain felons.	People under 21 or over 65, people with disabilities, pregnant women, families with children.	People age 21-64 who are not eligible for Medi-Cal.	U.S. citizens or legal permanent resident adults without a dependent child.	Families caring for children under age 18; pregnant women in their last trimester; pregnant teens.
How does the county decide if I qualify?	If you are below 185% of FPL, pregnant, breastfeeding, or postpartum with children under age 5.	We review your income and resources such as bank accounts and investments to determine if you are eligible and, if so, for how much. In addition to income and resources, we look at family structure.				
Does my car count?	No.	All vehicles are exempt.	No; one car is exempt. If you have more than one car, it may be counted toward your resource limit, depending on program rules.		It may, depending on how much it's worth.	
Does my house count?	No.	No, one house that you live in is exempt. If you have more than one home, it will be counted toward your resource limit according to program rules.				
How do I apply?	In person at one of our offices, or by telephone.	In person at one of our offices, or by mail or telephone.			In person at 120 North Redwood Dr., San Rafael	In person at one of our offices.
What else should I know?	Income and address verification are needed to qualify.	If you qualify, expedited services benefits may be available within 3 days.	You may have to pay a co-pay toward your coverage		GA is considered a loan that you must repay.	If you qualify, you may be eligible for immediate need or homeless assistance.

Income Guidelines There are additional requirements for these programs. Please speak with program staff for eligibility details.

Number of Persons	Income Guidelines (Food Stamps) Effective 10/1/2009	185% FPL (WIC: Women, Infants, and Children) Effective through 7/30/09	200% FPL (CMSP, Family PACT, Medi-Cal) Effective 2009	250% FPL (CaliforniaKids, Healthy Families) Effective 2009	300% FPL (AIM: Access for Infants & Mothers, Healthy Kids:Kaiser Child Health) Effective 2008
	Monthly	Monthly	Monthly	Monthly	Monthly
	\$1,127	\$1,670	\$1,805	\$2,257	\$2,708
	\$1,517	\$2,247	\$2,429	\$3,036	\$3,643
	\$1,907	\$2,823	\$3,052	\$3,815	\$4,578
	\$2,297	\$3,400	\$3,675	\$4,594	\$6,448
	\$2,687	\$3,976	\$4,299	\$5,373	\$7,383

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