

I am not a U.S. citizen. Can I get Food Stamp? Can my children?

You may potentially get food stamps if you are a legal immigrant. The County Welfare Department will make that determination.

Even if you are not eligible due to immigration status, your legal immigrant or citizen children may still qualify. You do not have to provide immigration information about yourself when you apply for your legal immigrant or citizen children.

Free Shuttle

A wheelchair accessible shuttle service is available from the San Rafael Transit Center to 120 North Redwood Drive, San Rafael (8:30am – 3:15pm), the service also provides return journey to the transit center. For additional information about the free shuttle call: 415-473-5968.

For additional information regarding food stamps, visit www.snap-step1.usda.gov or www.myfoodstamps.org.

Apply for Food Stamps Today!

Here are the locations where you may apply for Food Stamps:

Food Stamp Offices:

San Rafael

120 North Redwood Drive
San Rafael, CA 94903
Phone (415) 473-3400
Fax (415) 473-3556
Hours: 8:00am - 4:30pm

West Marin

100 6th Street
Point Reyes Station, CA 94956
Phone (415) 663-8231
Fax (415) 473-3828
Hours: 8:30am -12pm, 1pm -5pm

This brochure is intended to provide a general overview of assistance programs. For detailed program information and eligibility requirements, please visit the specific program or organization.

Applying for Food Stamps

How to access food for you and your family



United Way 2-1-1

Free, confidential, information and referrals 24 hours per day seven days per week in over 150 languages. Dial 2-1-1 for any kind of health or human service needs.

Marin Health and Human Services

Marin Health and Human Services

The Food Stamp Program

The Food Stamp Program helps people with little or no income buy nutritious food. Food Stamp benefits are not cash. They come on an electronic benefit transfer (EBT) card that you use like a bank card to buy food. Most grocery stores take Food Stamps benefits.

Can I get Food Stamps?

To get Food Stamp benefits, your income and other resources must be under certain limits. Income limits are different for households with elderly or disabled.

If your income is less than the amount on this chart, you may qualify:

Income Guidelines

Effective October 1, 2009

Household Size	Gross Monthly Income Limit
1	\$1,174
2	\$1,579
3	\$1,984
4	\$2,389
5	\$2,794
6	\$3,200

- ✓ People who receive SSI/SSP are not eligible.
- ✓ Your house and your personal belongings such as furniture don't count toward your resource limit.

To see if you might be able to get Food Stamps, visit www.foodstamps-step1.usda.gov. Answer the questions. You will find out if you might be eligible and how much you could receive. But to know for sure, you must apply.

How do I apply for food stamp benefits?

- ◆ Call or go to the Food Stamp office for an application.
- ◆ Complete the application as much as you can and hand it in either in person, by mail or by fax.
- ◆ Have an interview. You can also have a friend or relative go with you or in your place.



- ◆ You will need to show the office papers such as pay stubs, rent or mortgage payments, utility bills, child or elder care bills, and child support orders. The office will tell you exactly what papers and other information you will need to show your income and expenses.

After you have completed the application process, your eligibility worker will tell you if you will get food stamps and how much.



If I am denied Food Stamps, can I ask why?

Yes. Call or visit the office to ask why. If you think there is a mistake, ask to speak to a supervisor. If you do not agree with the explanation, you may request a "State Hearing." State Hearings are free but you must ask for one within 90 days of the date you were denied.