

## **DRAFT**

### **Marin County Mental Health Services Act Community Supports and Services One-Time Funding**

According to Department of Mental Health Letter # 05-06 a County may request to use a portion of their fiscal year 2005-2006 Community Services and Supports funding for start up expenditures. The funding requests are subject to review by DMH to ensure that there is a relationship with a county's CSS plan and the one-time funding requested.

Counties may request funding for up to six-months (50%) of a county's fiscal year CSS planning estimate. Counties may request up to an additional three months of funding (25%) but need to demonstrate why this is needed.

Types of activities allowable include additional planning activities, capital purchases, training and education, the cost of improving the functionality of information systems, and one time service costs. Capital purchases may include vehicles, technology, increased space need related to services proposed under the CSS Plan.

So Marin County could get between \$850,000 and \$1,200,000.

<b>Recommendations</b>	<b>One Time Funding Strategies</b>
Additional Planning Activities	Up to 5% of CSS planning estimate can be used for an extended planning process.
Wellness Recovery Center	Create a Wellness/Recovery Center in the San Rafael area that would combine client-operated services along with case management, medication support, supported employment, housing and dual diagnosis services.

<p><b>System-Wide Training Fund</b></p>	<p>Create a training fund to improve the skills of staff, families and clients in areas such as:</p> <ul style="list-style-type: none"> <li>• Integrated training for co-occurring alcohol, and other drug, and psychiatric disorders for all providers serving all ages.</li> <li>• Cultural competence training for all providers serving all ages.</li> <li>• Sexual orientation and gender focused service effectiveness training for all providers.</li> <li>• Family support and education training for all providers (consider SAMHSA toolkit)</li> <li>• Cognitive behavioral approach for all clinicians serving all ages, including Trauma-focused Cognitive Behavioral Therapy for those serving populations affected by trauma (children/youth in the child welfare system, etc.)</li> <li>• Wellness and Recovery training including the SAMHSA Wellness Management and Recovery toolkit and Wellness Recovery Action Plans (WRAP) for providers serving transition age youth, adults and older adults. Wellness and recovery training would include modules led by consumers and family members.</li> <li>• Other Evidence Based Practices as resources permit, which might include Functional Family Therapy (FFT) and expansion of Dialectical Behavioral Therapy, now available to small proportions of clients, mostly in specialty programs.</li> </ul>
<p><b>Housing Fund</b></p>	<p>Create a housing fund to subsidize the initial cost of housing for people with mental illness.</p>