

County of Marin Health & Human Services Division of Public Health

We welcome you to Marin County Dental Services, where the emphasis is on **prevention**.

Our mission is to provide quality dental services to residents in Marin County.

We are dedicated to helping individuals of all ages have access to quality oral health care. To receive services, you must be a resident of Marin and be eligible for at least one of the following:

- ◆ DentiCal
- ◆ CalKids
- ◆ CHDP/CCS
- ◆ Healthy Families
- ◆ Self-paying

Dental Clinic Information

For All MediCal children, under age 18:
★ **Marin Community Clinics** are open
Monday-Saturday, 8am-5pm (San Rafael)
Monday-Friday, 8am-5pm (Novato)
For appointment call:
(415) 526-8555 (San Rafael)
(415) 448-1500 (Novato)
www.marinclinic.org

For Adults:
★ The **San Rafael Dental Clinic** is open
Monday—Saturday 8:30 am—4:30 pm
(Closed for lunch 1:00-1:30 pm)
Call (415) 473-5450 for appointment

Services Provided

- ◆ Exams/X-rays
- ◆ Cleanings
- ◆ Emergency Relief
- ◆ Fillings/Sealants
- ◆ Crowns/Bridges
- ◆ Root Canals
- ◆ Routine Extractions
- ◆ Partials/Dentures
- ◆ Oral Health Education and Counseling

Oral Health Tips

- ◆ Brush your teeth at least two times a day with fluoride toothpaste
- ◆ Use dental floss daily
- ◆ Drink fluoridated water
- ◆ Eat nutritious meals & snacks and include fresh fruit & vegetables
- ◆ Limit how often you or your family has juice, sweet drinks, and snacks
- ◆ Visit your dentist on a regular basis
- ◆ Don't use tobacco in any form
- ◆ Chew sugarless gum with xylitol after meals and snacks