

## **I am not a U.S. citizen. Can I get CalFresh? Can my children?**

You may potentially get CalFresh if you are a legal immigrant. The County Welfare Department will make that determination.

Even if you are not eligible due to immigration status, your legal immigrant or citizen children may still qualify. You do not have to provide immigration information about yourself when you apply for your legal immigrant or citizen children.

### **Free Shuttle**

A wheelchair accessible shuttle service is available from the San Rafael Transit Center to 120 North Redwood Drive, San Rafael (8:30am – 3:15pm), the service also provides return journey to the transit center. For additional information about the free shuttle call: 415-473-5968.

For additional information regarding CalFresh, visit [www.snap-step1.usda.gov](http://www.snap-step1.usda.gov) or [www.myfoodstamps.org](http://www.myfoodstamps.org).

## **Apply for CalFreshToday!**

Here are the locations where you may apply for CalFresh (formerly Food Stamps):

**Online: [www.c4yourself.com](http://www.c4yourself.com)**

### **CalFresh Offices:**

#### San Rafael

120 North Redwood Drive  
San Rafael, CA 94903  
Phone (415) 473-3400  
Fax (415) 473-3556  
Hours: 8:00am - 4:30pm

#### West Marin

100 6th Street  
Point Reyes Station, CA 94956  
Phone (415) 663-8231  
Fax (415) 473-3828  
Hours: 8:30am -12pm, 1pm -5pm

This brochure is intended to provide a general overview of assistance programs. For detailed program information and eligibility requirements, please visit the specific program or organization.

## **Applying for CalFresh**

(formerly Food Stamps)

*How to access food for you and  
your family*



### **United Way 2-1-1**

*Free, confidential, information and referrals 24 hours per day seven days per week in over 150 languages. Dial 2-1-1 for any kind of health or human service needs.*

**Marin Health and Human Services**

**Marin Health and Human Services**

## The CalFresh Program

The CalFresh (formerly Food Stamps) Program helps people with little or no income buy nutritious food. CalFresh benefits are not cash. They come on an electronic benefit transfer (EBT) card that you use like a bank card to buy food. Most grocery stores take CalFresh benefits.

### Can I get CalFresh?

To get CalFresh benefits, your income must be under certain limits. Income limits are different for elderly or disabled households.

If your income is less than the amount on this chart, you may qualify:

### **Income Guidelines Effective October 1, 2011**

Household Size	Gross Monthly Income Limit
1	\$1,180
2	\$1,594
3	\$2,008
4	\$2,422
5	\$2,836
6	\$3,249

✓ People who receive SSI/SSP are not eligible.

✓ Effective February 1, 2011, resources and property no longer count. There is no resource limit.

To see if you might be able to get CalFresh, visit [www.foodstamps-step1.usda.gov](http://www.foodstamps-step1.usda.gov). Answer the questions. You will find out if you might be eligible and how much you could receive. But to know for sure, you must apply.

### How do I apply for CalFresh benefits?

- ◆ Apply online at [www.c4yourself.com](http://www.c4yourself.com).
- ◆ Call 415-473-3384 to apply by mail.
- ◆ Go to the CalFresh office to request an application, complete the application as much as you can, and return it in person, by mail or by fax.

After you have submitted an application, you will be contacted by an eligibility worker to complete the application process.

- ◆ You will need to show the office papers such as pay stubs, rent or mortgage payments, utility bills, child or elder care bills, and child support orders. The office will tell you exactly what papers and other information you will need to show your income and expenses.

After you have completed the application process, your eligibility worker will tell you if you will get CalFresh and how much.



### If I am denied CalFresh, can I ask why?

Yes. You will be notified in writing. If you have any questions, you may call your worker. If you think there is a mistake, ask to speak to a supervisor. If you do not agree with the explanation, you may request a "State Hearing." State Hearings are free but you must ask for one within 90 days of the date you were denied.