



The Marin County Division of Aging & Adult Services
and the Marin County Commission on Aging
present the 6th Annual

HEALTHY AGING SYMPOSIUM

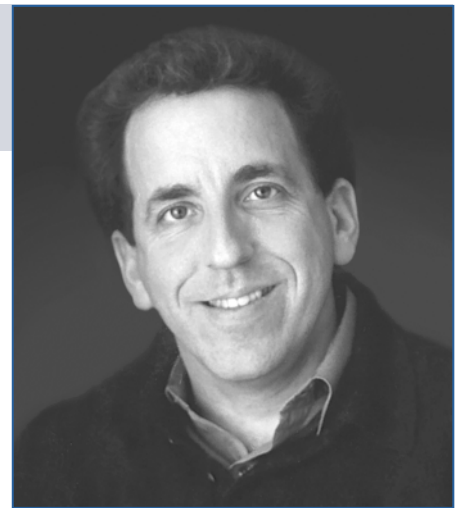
“The Power of Personalized Lifestyle Change”

THURSDAY, MAY 13, 2010 ❖ 9:30 AM – 1:00 PM

EMBASSY SUITES HOTEL ❖ 101 MCINNIS PARKWAY, SAN RAFAEL

KEYNOTE:

DR. DEAN ORNISH



Pre-Conference Events 8:30 – 9:15 AM:

**Fall Prevention
Nutrition • Pets & Healing
Senior Mobility Options**

PARTNERS: Kaiser San Rafael Medical Center • Marin General & Novato Community Hospitals • Whistlestop
MAJOR SPONSOR: Marin Community Foundation

FEE: \$15 (includes lunch) • REGISTRATION DEADLINE: May 3rd

*Pre-registration required. No admission at the door. No refunds. One registration form per person.
For more information call (415) 507-2980.*

All County of Marin sponsored public events are held in accessible sites. Requests for accommodations may be made by calling (415) 473-4381 (voice.TTY) at least 4 workdays in advance of the event.



MAKE CHECK PAYABLE TO:

Marin County Division of
Aging & Adult Services

MAIL COMPLETED
REGISTRATION FORM
AND PAYMENT CHECK
BY MAY 3 TO:

Marin County Division of
Aging & Adult Services
10 North San Pedro Road
Suite #1012
San Rafael, CA 94903

COMPLETE REGISTRATION FORM BELOW & MAIL WITH CHECK

One form per person. Download additional forms at www.co.marin.ca.us/aging starting March 1.

Name (print clearly): _____

Phone: _____

Please mark (✓) your salad lunch selection:

Asian Chicken Salad Oven Roasted Salmon Salad Tofu Salad (vegetarian)